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*Date and place of birth:* January 21, 1953, Padova, ITALY      *Nationality:* ITALIAN

**Education:** Degree in Psychology, 1975, University of Padova (Italy)  
Degree in Physical Education (ISEF) 1978, University of Bologna (Italy)

### **Career/Employment:**

Istituto Superiore di Educazione Fisica of Padova, 1978 - 2002  
Adjunct Professor, University of Padova, 2001 - 2007  
Adjunct Professor, University of Chieti, 2006 -

### **Specialization:**

- (i) *main field*: adapted physical activity, Physical Education, sport psychology
- (ii) *current research interests*: motivation in physical activity, self perception, motor learning

### **Teaching activity:**

Professor of higher courses of **Adapted Physical Activity**, and **Adapted Sport** for students of School of Human Movement Science of the Chieti University and of the Padova University – Italy

**Reviewer** for the following scientific journals:

1. **Perceptual and Motor Skills**
2. **Journal of Sports Sciences**

### **Scientific Publications:**

Author and co-author of **130 scientific papers** on International and National Journals, International Conference Proceedings and books.

In particular, the following publications appeared on **Peer reviewed journals**:

1. Bortoli, L., Colella, D., Morano, M., Berchicci, M., Bertollo, M., & Robazza, C. (2008). Teacher-initiated motivational climate in physical education questionnaire in an Italian sample. *Perceptual and Motor Skills*, 106, 207-214.

2. Robazza, C., & Bortoli, L. (2007). Perceived impact of anger and anxiety on sporting performance in rugby players. *Psychology of Sport and Exercise*, 8, 875-896.
3. Robazza, C., Bortoli, L., Carraro, A., & Bertollo, M. (2007). Approach-avoidance individual differences in changing students' responses to physical education. *Perceptual and Motor Skills*, 104, 937-946.
4. Robazza, C., Bertollo, M., & Bortoli, L. (2006). Frequency and direction of competitive anger in contact sports. *Journal of Sports Medicine and Physical Fitness*, 46, 501-508.
5. Robazza, C., Bortoli, L., & Hanin, Y. (2006). Perceived effects of emotion intensity on athletic performance: A contingency-based individualized approach. *Research Quarterly for Exercise and Sport*, 77, 372-385.
6. Robazza, C., Bortoli, L., Carraro, A., & Bertollo, M. (2006). "I wouldn't do it; it looks dangerous": Changing students' attitudes and emotions in physical education. *Personality and Individual Differences*, 41, 767-777.
7. Bortoli, L., & Robazza, C. (2005). Italian version of the Task and Ego Orientation in Physical Education Questionnaire. *Perceptual and Motor Skills*, 101, 901-910.
8. Robazza, C., & Bortoli, L. (2005). An 8-item test of acrobatics and balance. *Perceptual and Motor Skills*, 101, 295-302.
9. Robazza, C., & Bortoli, L. (2005). Changing students' attitudes towards risky motor tasks: An application of the IZOF model. *Journal of Sports Sciences*, 23, 1075-1088.
10. Bortoli, L., & Robazza, C. (2005). Italian version of the Task and Ego Orientation in Sport Questionnaire. *Perceptual and Motor Skills*, 100, 43-50.
11. Robazza, C., & Bortoli, L. (2004). Factor analysis of a test of acrobatics and balance. *Perceptual and Motor Skills*, 99, 1007-1013.
12. Robazza, C., Bortoli, L., & Hanin, Y. (2004). Precompetition emotions, bodily symptoms, and task-specific qualities as predictors of performance in high-level karate athletes. *Journal of Applied Sport Psychology*, 16, 151-165.
13. Robazza, C., & Bortoli, L. (2003). Intensity, idiosyncratic content and functional impact of performance-related emotions in athletes. *Journal of Sports Sciences*, 21, 171-189.
14. Robazza, C., Bortoli, L., & Nougier, V. (2002). Monitoring of precompetition affect in elite Italian archers during the world championships. *International Journal of Sport Psychology*, 33, 72-97.
15. Bortoli, L., & Robazza, C. (2002). Idiosyncratic performance affect in volleyball referees: An extension of the IZOF-emotion model profiling. *Journal of Sport Behavior*, 25, 115-133.
16. Bortoli, L., Spagolla, G., & Robazza, C. (2001). Variability effects on retention of a motor skill in elementary school children. *Perceptual and Motor Skills*, 93, 51-63.
17. Robazza, C., Bortoli, L., Nocini, F., Moser, G., & Arslan, C. (2000). Normative and idiosyncratic measures of positive and negative affect in sport. *Psychology of Sport and Exercise*, 1, 103-116.
18. Robazza, C., Bortoli, L., & Nougier, V. (2000). Performance emotions in an elite archer: A case study. *Journal of Sport Behavior*, 23, 144-163.
19. Robazza, C., Bortoli, L., & Nougier, V. (1999). Emotions, heart rate and performance in archery: A case study. *Journal of Sports Medicine and Physical Fitness*, 39, 169-176.
20. Robazza, C., Bortoli, L., & Nougier, V. (1998). Physiological arousal and performance in elite archers: A field study. *European Psychologist*, 3, 263-270.

21. Robazza, C., Bortoli, L., & Nougier, V. (1998). Performance-related emotions in skilled athletes: Hedonic tone and functional impact. *Perceptual and Motor Skills*, 87, 547-564.
22. Robazza, C., & Bortoli, L. (1998). Mental preparation strategies of Olympic archers during competition: An exploratory investigation. *High Ability Studies*, 9, 219-235.
23. Robazza, C., Bortoli, L., Zadro, I., & Nougier, V. (1998). Emotions in track and field athletes: A test of the Individual Zones of Optimal Functioning Model. *European Yearbook of Sport Psychology*, 2, 94-123.
24. Bortoli, L., & Robazza, C. (1997). Italian version of the Perceived Physical Ability Scale. *Perceptual and Motor Skills*, 85, 187-192.
25. Robazza, C., & Bortoli, L. (1996). Learning movement sequences: Theoretical and practical aspects. *ICHPER-SD Journal*, 32
26. Viviani, F., Bortoli, L., & Robazza, C. (1996). The physique of circumpubertal medium-class swimmers and tennis players. *Italian Journal of Sport Sciences*, 1, 14-18.
27. Viviani, F., Casagrande, G., Bortoli, L., Robazza, C., & Grassivaro-Gallo, P. (1996). Anthropometric variables and self perception in amateur body builders. *Gymnica*, 26, 35-38.
28. Bortoli, L., & Robazza, C. (1995). Relationships between scores on the Motor Activity Anxiety Test and the Fear Survey Schedule. *Perceptual and Motor Skills*, 81, 1192-1194.
29. Bortoli, L., Robazza, C., & Giabardo, S. (1995). Young athletes' perception of coaches' behavior. *Perceptual and Motor Skills*, 81, 1217-1218.
30. Robazza, C., & Bortoli, L. (1995). A case study of improved performance in archery using hypnosis. *Perceptual and Motor Skills*, 81, 1364-1366.
31. Bortoli, L., Malignaggi, G., & Robazza, C. (1995). Perception du comportement de leur entraîneur, réel et idéal, par de jeunes athlètes. *Sport*, 151, 52-57.
32. Válcová, H., Bortoli, L., & Robazza, C. (1995). Self-concept and self-efficacy differences between P.E. teachers and P.E. students. *Gymnica*, 25, 41-57.
33. Bortoli, L., & Robazza, C. (1994). The motor activity anxiety test. *Perceptual and Motor Skills*, 79, 299-305.
34. Robazza, C., & Bortoli, L. (1994). Hypnosis in sport: An isomorphic model. *Perceptual and Motor Skills*, 79, 963-973.
35. Robazza, C., Bortoli, L., & Durigon, V. (1993). Goal-setting and self-assessment in the learning of motor skills: An empirical validation. *ICHPER Journal*, 29(4), 21-23.
36. Bortoli, L., Robazza, C., Durigon, V., & Carra, C. (1992). Effects of contextual interference on learning technical sports skills. *Perceptual and Motor Skills*, 75, 555-562.

### **Selected book chapters:**

1. Bortoli, L., & Robazza, C. (2007). Dispositional goal orientations, motivational climate, and psychobiosocial states in physical education. In L. A. Chiang (Ed.), *Motivation of exercise and physical activity* (pp. 119-133). New York: Nova Science Publishers.